

The Verdugo Hills Council  
High Adventure Team presents...



# High Adventure First Aid

(incorporating ARC Emergency Response ECC 2000  
r.06)



Environmental and youth groups are visiting remote regions in ever increasing numbers. While many excursions are held in areas where transportation and emergency services are available, help may still be slow in arriving. Many outings are held in remote areas where help can be hours or even days away, necessitating care of the victim beyond the skills taught in regular first aid classes.

Scout leaders who are Red Cross Instructors and/or E.M.T's are offering the American Red Cross Emergency Response Course. This course meets BSA HAT First Aider, GSUSA Level II First Aider, and DOT requirements. California Title 22 Certification will also be available. This course is required for Level 3 CERT qualification. The course will be rigorous; considerable home reading will be required. However, it will be fun and includes realistic scenarios where you will decide what is wrong with the "patient" and how to handle the situation, whether you are "in town" or miles away from an emergency room or paramedic care. If you are a teacher in the HART School District you are eligible for three hours of professional growth credit after completing this program. *The curriculum of this course is also in accordance with the guidelines of the Wilderness Medical Society.*

In order to keep the cost as low as possible, some supplies will be borrowed from the Verdugo Hills Boy Scout Council and Kaiser Permanente Hospital, Panorama City. The \$ 90.00 fee covers the following materials: Red Cross text and work books, a CPR Mask, numerous study handouts, an Embroidered Patch, and American Red Cross and High Adventure First Aid Certificates. Two or more persons in the same family or two leaders from the same troop/group may want to share the text book. (The other books are individual workbooks, and cannot be shared.) In that case, the second and subsequent persons would pay \$ 60.00. If you have a CPR mask, deduct \$10.00.

In addition, you will need a large ring binder (3" is ideal), paper, pencils, pens; a large fanny pack *or* a day pack in which to keep your first aid equipment; a wrist watch (preferably with a second hand); and a small pen light.



**DATES: SATURDAYS, OCTOBER 9 THROUGH NOVEMBER 20, 2010, (NO CLASS OCT. 23)**

**TIME: 9:00 AM-to 5:30 PM.**

**LOCATION: VERDUGO HILLS COUNCIL - BSA  
1325 GRANDVIEW AVE.,  
GLENDALE, CA 91201  
(818) 243-6282**

**RECERTIFICATIONS: If you are recertifying, you only need to attend one-half of the classes (including CPR) and pass the final examination!**

**QUESTIONS? PHONE: Marlene M. Lugg, Dr. P.H.  
(818) 882-4526**

To register fill out HAT Training Registration Form and mail in fee